



COLORADO CULTURE CHANGE COALITION

WESTERN SLOPE

Volume 1, Issue 1

STARTING A NEW YEAR

The Colorow team will be starting up the Western Slope Colorado Culture Change Coalition in January. We are eager to get the coalition on track again with a presentation on February 11, 2010. Our topic for the day will be on Validation

Therapy. We have two staff members that have recently been certified in Validation Therapy and we would like to invite you to our presentation.

Our team has decided to be the center to this coalition but we need your help. We will have the meetings here in Olathe every month to help us all get started with the coalition and then we all can decide if we want the meetings monthly, every other month or quarterly. We will be the host site, but will be more than happy for your facility to host the monthly meeting. We have the idea for the first get together, but need your help

with what we all want to learn about culture change in the next year. We would like you to be apart of the teaching aspect as well as the learning. Having all of the coalition in Colorow's hands doesn't leave us much room for us to grow. So we would like a home to come up with a speaker, topic or something that makes culture change work for them and present it to the coalition one month out of the year. This will give our team a break and an opportunity for us to learn.



Culture Change

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Special points of interest:

- MONTHLY MEETING EVERY 2ND THURSDAY
- FRUSTRATED IN NOT KNOWING HOW TO HELP ALZHEIMERS/DEMENTIA ELDERS?
- WHAT CAN YOU BRING TO THE TABLE

WHAT IS CULTURE CHANGE?

Culture change is “person centered or person directed care”. This change gives our elders more freedom to make their own choices and decisions. We make their home more like the home they had in the past. It gives them choices of flexible schedules

and routines, pets in house, consistent staff, animals and plants in the home. We have small neighborhoods and self directed teams to help our elder adjust to their new lives and provide them an environment to keep them learning and growing.

The Western Slope Culture change Coalition hopes we can all teach each other skills on how to make this happen for our elders and staff.

VALIDATION THERAPY

Our first presentation for the year will be on Validation Therapy. We have two CNA'S that have just completed the class in Denver and would like to bring a little information about this subject to your homes.

To validate is to acknowledge the feelings of a person. To say that his/her feelings are true. When use validation you will help to restore and regain the dignity of that elder.

Learning validation therapy has many benefits for an elder with dementia, yourself and other staff members.

There are many goals of validation for the elderly. Therapy helps us as staff members to understand their "Behaviors" which normally are not behaviors. Their "behaviors" usually are something that they are symbolizing from their past.

In this presentation you will learn how validation could help you, your staff and mostly your elders.

You will learn the goals, the stages, some main symbols, and some basic techniques of validation therapy.



GROWING

WAYS YOU CAN JOIN US

We will very happy for all to attend the meetings. But if for some reason you can not attend we will be willing to send you the information of what we discussed by e-mail to you.

IT CAN BE DIFFERENT!

HOW TO CONTACT US

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RELATIONSHIPS