

EDEN *at Home*

An Initiative of the Eden Alternative®

Are you...

... caring for an aging or disabled loved one?

...a volunteer with a church support ministry or pastoral care team?

...a friend or neighbor offering occasional support and care?

...a home health professional seeking innovative approaches to providing care?

...an aging or disabled person living at home or with your family?

Attend a FREE Eden at Home Care Partner Workshop!

DRCOG's next care partner workshop training is being held Wednesdays February 22 and 29, 2012 at DRCOG's offices in downtown Denver. Call Kelly Roberts at 303-480-6787 by January 20 if you are interested. Space is limited to 20 participants.

EDEN AT HOME: CREATING QUALITY OF LIFE FOR CARE PARTNER TEAMS

"I have worked in the medical field for over 10 years and was able to take care of my father's medical and physical needs. However, I didn't know I was neglecting him emotionally and mentally until I took an Eden at Home workshop. Eden at Home helped me give my father his independence back."

-- Noria Day, Care Partner



"The techniques I learned from Eden at Home as a care partner and the way my thinking changed really helped my family. Now that I am also an EAH volunteer trainer, maybe I can positively impact the lives of others and help them recover as my family has."

--Robert Loyd, Care Partner

IT'S ABOUT REDEFINING GENUINE CARE...

This inspiring workshop...

- ✓ Offers tools for reducing stress & avoiding burnout
- ✓ Provides tips for protecting everyone on the care partner team from loneliness, helplessness, & boredom
- ✓ Highlights the value of honoring & nurturing each team member's unique capacity for growth
- ✓ Encourages development of meaningful connections between care partners
- ✓ Emphasizes the power of giving as well as receiving for everyone involved in the care relationship
- ✓ Inspires participants to shift perceptions about aging and disability as a fundamental first step to reframing genuine care
- ✓ Shares creative ways to continue sharing joy, hope, wisdom, respect, spontaneity, connection & laughter

For more information about Eden at Home see www.edenalt.org.

Locally sponsored by...

